



“Bringing Families Home. . .  
Keeping Families Together”

e-Newsletter  
Aug/Sep 2022

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[Website: shenandoahfamilypromise.org](http://shenandoahfamilypromise.org)

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### A Child’s Future Begins at Home

*Made a Walmart Grocery Run Lately?*

Call it a necessary evil, but we all have to shop for groceries. It’s certain that following your latest shopping trip your wallet felt quite a bit lighter. In fact, Fortune magazine reports that while inflation hit 9.1% last month, grocery prices rose 12.2%.

Twelve percent might not seem that much on a total order; but a look at a few of the eight items considered grocery staples show a record breaking average increase of 24%. A 16 ounce jar of peanut butter increased from \$2.23 to \$3.18 in June 2022. A package of Kraft singles will add an additional 15% to your check out receipt this month. And who doesn’t enjoy a few Lay’s potato chips with their lunchtime sandwich? You might want to just put that bag back on the rack and step away slowly. A 13 ounce bag that was \$3.55 last summer will now cost \$4.90! (And we all know we can’t eat just one!) Let’s not even talk about eggs! The protein bargain that cost \$1.67 a dozen last summer will now add an additional dollar per carton to your weekly grocery budget.

The impact of these inflated prices isn’t falling on all of us equally. Shoppers in rural areas, low-income, and younger households are taking the brunt. Commercial delivery costs, coupled with lower average wages in our area, add



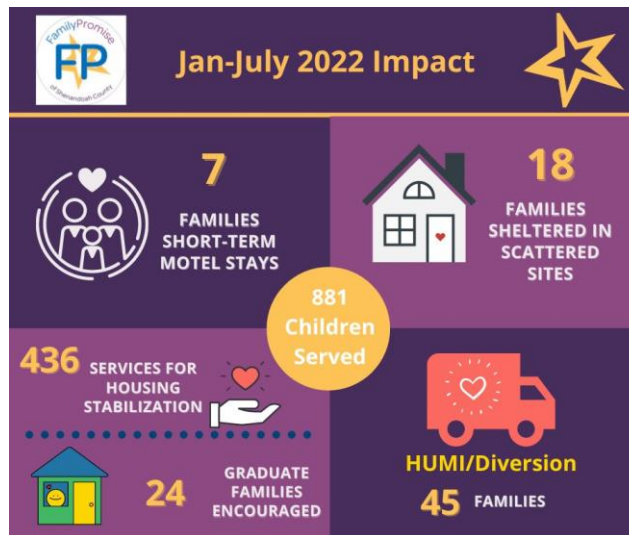
## Partner Churches

All Soul's Anglican Church  
 Antioch Church  
 Christ United Church of Christ  
 Church of Jesus Christ of Latter Day Saints - Woodstock  
 Columbia Furnace Church of the Brethren  
 Columbia Furnace United Methodist Church  
 Community Mission Church of the Brethren  
 Conicville-Hamburg Charge UCC  
 Edinburg Lutheran Parish  
 Edinburg Christian Church  
 Emmanuel Episcopal Church  
 First Baptist Church of Woodstock  
 First Church of Columbia Furnace  
 Grace United Church of Christ  
 Lebanon Lutheran Church  
 Maurertown Brethren Church  
 Mt. Hebron United Methodist Church  
 Mt. Hermon United Methodist Church  
 Mt. Zion Lutheran Church – New Market  
 Mt. Zion Lutheran Church – Woodstock  
 New Market Seventh-Day Adventist Church  
 North Mountain Lutheran Parish  
 Oak Level Church  
 Our Lady of the Shenandoah Catholic Church  
 Reasoning Tree Church  
 Reformation Lutheran Church  
 Round Hill Church of the Brethren

to this struggle. Families receiving SNAP benefits are seeing more month at the end of the food. Family Promise families who have recently become self-sustaining worry that rising inflation will push them back into dependence.

This summer Family Promise of Shenandoah County has experienced an approximate thirty percent increase in requests for food assistance. The benevolence of a generous donor has enabled us to build a family friendly food pantry. Items that are easy to prepare and don't require a pantry of additional ingredients are featured. We have also been blessed by the abundance of local vegetable gardens. While our focus is families with minor children, we have noted an increase in senior citizens and single adults seeking help. Our food pantry is open to these individuals as well. As we are reminded by Proverbs 22:9 *He that hath a bountiful eye shall be blessed; for he giveth of his bread to the poor.*

**Did You Know ?** SNAP benefits cannot be used for necessities such as toiletries, feminine hygiene products, paper towels, toilet paper, trash bags, and laundry detergent. We are always grateful for these donations so that we might continue to use funds to stock our food pantry.



Thanks to Amazon for donating backpacks & school supplies!



## Partner Churches (cont.)

Saumsville Christian Church  
Shenandoah Community Fellowship  
St. Andrews Episcopal Church  
St. John Bosco Catholic Church  
St. Johns United Methodist Church  
St. Johns UCC  
Hamburg  
St. Luke Brethren Church  
St. Paul's I UCC  
St. Luke's UCC  
"County Line"  
St. Mark's Lutheran Church  
Strasburg Assembly of God  
Strasburg Christian Church  
Strasburg Presbyterian Church  
Strasburg United Methodist Church  
Trinity United Church of Christ  
Valley Central Church  
Valley Pike Church of the Brethren  
Virginia Hills Church of Woodstock  
Wakemans Grove Church of the Brethren  
Walkers Chapel Church  
Waterbrook Brethren Church  
Wesley Chapel United Methodist Church  
Woodstock Christian Church  
Woodstock Presbyterian Church  
Woodstock United Methodist Church  
Zion Christian Church  
Zion Lutheran Church - Mt. Jackson



## Become a "Homeless" Hero

### How You Can Help

- Sign up to participate at [www.shenandoahfamilypromise.org](http://www.shenandoahfamilypromise.org)
- Ask people you know to donate to Family Promise of Shenandoah County
- Tell others about Family Promise of Shenandoah County
- Sleep one night in a tent – a car – a make-do shelter – or on a couch between September 17-24, 2022

### *Ending Homelessness One Family at a Time*



**Shampoo**  
**Conditioner**  
**Body Wash**  
**Laundry Detergent**  
**Dryer Sheets**  
**Deodorant**

**Dish Liquid**  
**Glass Cleaner**  
**Small boxes of 13 gallon trash bags**  
**Mops**  
**Buckets**  
**Paper Towels & Toilet Paper**



## Corporate Sponsors



### Make A Difference

Beidler's Furniture  
Guests, Inc.  
Valley Health – SMH

### Silver

Schibani Law Associates, LLC  
F & M Bank  
Massanutten Eagles H4186  
Racey Paving & Excavating LLC  
Bryce Ladies Golf Tournament  
Broadway Automotive & Tire Center  
Motley Crew  
Johnston & Rhodes Real Estate  
Melissa Andrews, Realtor  
Antioch Church

### Bronze

PJ Designs  
Southern Kitchen

### Friends of Family Promise

All Soul's Anglican Church  
Creekside Realty  
Dupont Community Credit Union  
Larry & Mindi Haughey  
Haun-Magruder, Inc.  
Heishman Funeral Home  
Holtzman Oil & Propane  
Paul & Brenda Jarvis  
Lantz Construction Company  
Mark & Sally Montrey  
Pack's Frozen Custard  
Pet Spa Company Inc.

### Friends of Family Promise (cont.)

Regulus Group, LLC  
Shaffer's Elevated Catering  
Shenandoah Caverns  
Swover Creek Farms & Brewery  
The Community Store  
The Home Store  
Valley Flower Shop & Greenhouse Inc.  
Wholesome Companies

### In-Kind Donors

Edward Jones – Tracy Carter  
Anytime Fitness  
Route 11 Potato Chips  
Bowling Green Country Club  
Blue Ridge Shadows  
Thrivent  
Woodstock Café  
Domino's Pizza  
Italian Touch – Woodstock  
Food Lion – Woodstock  
Melissa Andrews, Realtor  
Delcastle Golf Course & Restaurant  
Richard Armel  
Bryce Resort  
Caverns Country Club  
Shenandoah Valley Golf Club  
Shenvalee Golf Resort  
Sly Fox Golf Club  
The Club at Iron Wood  
Pot Town Organics LLC  
Burg Nutrition  
Kay's Barber Shop  
Pet Spa Company Inc.



PROUD 2021 IMPACT GRANT RECIPIENT

United Way of Northern  
Shenandoah Valley

